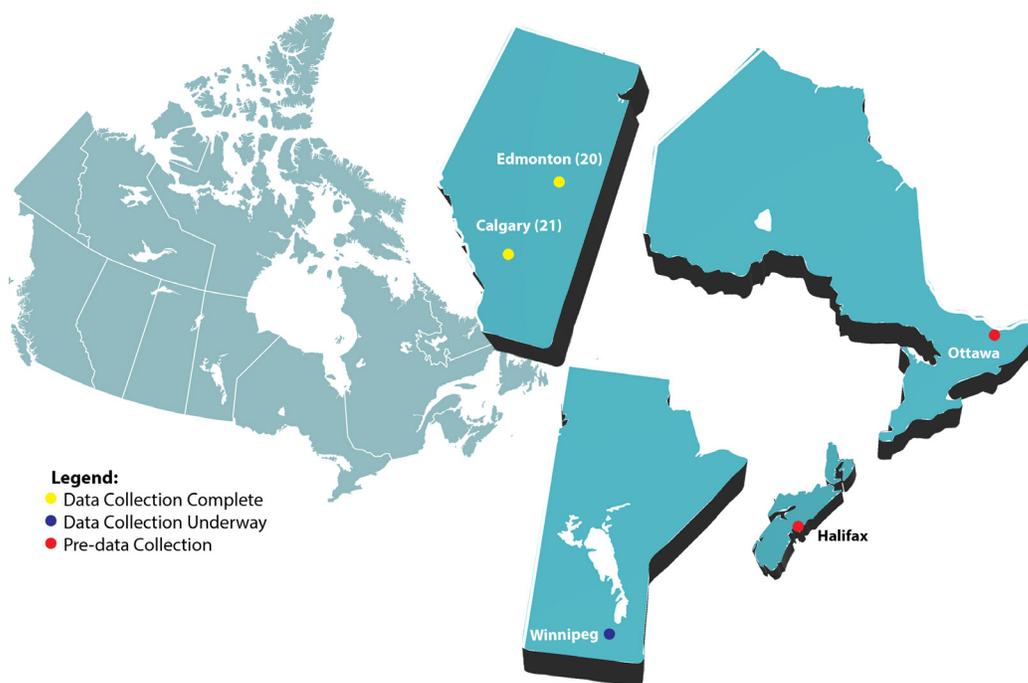




Welcome

Triple I started with hemodialysis patients and their family members asking researchers to bring kidney care into the 21st century. The project is a partnership of patients, researchers, and healthcare clinicians working together to improve the patient experience of hemodialysis: how you communicate with your team, personalizing your care, and improving when and how you receive information.

We are consulting with people with hemodialysis experience (patients, family members, clinicians) about challenges they face, ideas for care improvements, and suggestions about how to move those ideas into practice. We want new ideas, and we want to find out what's working well in existing programs.



Project Update

Over the past several months, we have consulted with patients, family members, kidney doctors, nurses, physiotherapists, dialysis unit staff, and pharmacists in Calgary, Edmonton, and Winnipeg.

Next Steps

In 2018 we'll continue our consultations in Winnipeg, Ottawa, and Halifax. Once all of that information is reviewed and analyzed, we'll ask people with hemodialysis experience to select our top priorities that will be taken into the next phase of the project.

Next issue: March 2018

Pilot Project Spotlight

Triple I sponsors several research pilot projects that rapidly address specific areas of concern for people on hemodialysis.

PiKS Calgary (Patient interest in Kidney Services) is a patient, family, and supporter interest group aimed at helping people live well with hemodialysis.

PiKS is a network and supportive forum through which the dialysis community can work together for action and improvement.

As a participatory action research pilot, the PiKS steering committee focuses on helping hemodialysis patients manage fatigue, and improving the information people receive when starting dialysis.

The November 2017 PiKS forum, 'Surviving and Thriving with Dialysis', was a great success and provided an opportunity for the wider dialysis community to share their knowledge and experiences in managing fatigue and issues around transportation to and from dialysis. A report will be available in Calgary dialysis units and published on the PiKS website in 2018.

You can find out more about future forums and other PiKS projects at: dialysisxchange.ca

Rachel Lewis
PiKS steering group member